\*\*\*sorry if these descriptions are redundant with what I wrote in each portfolio

Portfolio 1

This portfolio was code I used in my thesis. I created a scale in study 1 of my thesis called the Dialectical Beliefs Scale, with three subscales: (Pe+Ne) the belief that positive and negative emotions can co-occur, (PeNS) the belief that positive emotions can occur in negative situations, (NePS) the belief that negative emotions can occur in positive situations.

Portfolio 2

I wanted to visualize a positive correlation between positivity (a study predictor) and number of positive aspects that people identified of a negative situation that they described. Participants were asked to describe a COVID related situation and list six aspects of the situation and then rate those aspects in terms of positivity and negativity. Based on these ratings, we coded aspects as either positive, negative or mixed.

Portfolio 3

I was interested in visualizing compound interest. Not too exciting, but I had fun playing around with different saving’s rates, interest rates and timelines. A key takeaway is that compounding benefits from TIME aka the time value of money.

Portfolio 4

A primary hypothesis in my thesis was that the PeNS is a significant predictor of positive aspects. This turned out to be non-significant. Instead NePS was a significant. When controlling for NePS, PeNS became significant, which suggested that NePS was a suppressor. After a mediation analysis we found that PeNS predicted positive aspects via positivity.

Portfolio 5

Another thesis hypothesis was that positivity, optimism, and extraversion are significant predictors of positive aspects. Each of these were significant predictors of positive aspects.

Portfolio 6

This portfolio was the third hypothesis test, which was significant! This means that how positive people feel after listing aspects of a COVID related situation is predicted by the number of positive asepcts they list controlling for how positive they felt walking into the survey (baseline) and how positive they felt after describing a COVID related situation.

Portfolio 7